

2025 COSA Nutrition Group Annual General Meeting



MINUTES

Date: Thursday 13th November 2025

Time: 12.30-1.30pm (ACDT)

Attendees:

Irene Deftereos	Kate Furness	Teresa Brown
Lauren Hanna	Jane Stewart	Chad Han
Ria Joseph	Judy Bauer	Emily Jeffery
Belinda Steer	Kate Lambell	Lauren Atkins
Yvonne Zissiadis	Brenton Baguley	Louise Moodie (Secretary)
Jenelle Loeliger (Chair)	Elise Treleaven	Belinda Camilleri
Hattie Wright	Megan Crichton	Shane McAuliffe

Apologies:

Nicole Kiss
Annie Curtis
Rebecca McIntosh
Merran Findlay

AGENDA ITEM	DISCUSSION
1. Welcome & Introductions	<ul style="list-style-type: none">Jenelle Loeliger welcomed all members to the AGM and acknowledged the traditional owners of the lands on which members are joining from today.Jenelle Loeliger invited members to introduce themselves.
2. Conflicts of Interest	<ul style="list-style-type: none">None declared.Minutes of 2024 AGM noted, nil issues raised
3. Membership 3.1. Membership statistics 3.2. Retiring executive members 3.3. New executive members 3.4. Chair and deputy chair positions	3.1 Membership statistics <ul style="list-style-type: none">Approximately 160 members in July 2025 which has tripled in past 4 years (typically sits ~140-160 members)Largest proportion made up of dietitians, but a great cross-mix of MD colleagues 3.2 Retiring executive members <ul style="list-style-type: none">Acknowledgement to Emily Jeffery, Irene Deftereos, and Lauren Atkins for their contributions to COSA nutrition executive group and their active membershipDeveloping a pathway to ensure committee sustainability while maintaining key knowledge and skill set within executive group while balancing with significant interest in joining the nutrition executive group.

	<p>3.3 New executive members</p> <ul style="list-style-type: none"> Welcome Hattie Wright, Lauren Hanna and Rebecca McIntosh <p>3.4 Chair and deputy chair positions</p> <ul style="list-style-type: none"> Congratulations to Teresa Brown – new deputy chair
<p>4. Update on 2025 activities</p> <p>4.1. 2025 ASM</p> <p>Pre-conference workshop (Jenelle Loeliger)</p> <p>Organising committee representative (Kate Furness)</p> <p>Concurrent sessions</p>	<ul style="list-style-type: none"> Thank you to Kate Furness for her contributions to the 2025 ASM organising committee Acknowledgement of Carla Prado as invited international speaker Pre-conference workshop – capacity attendance (over 50 attendees in total). Slides and evaluation will be distributed following the ASM. <ul style="list-style-type: none"> Initial feedback has been positive and has highlighted the multidisciplinary and practical nature of the workshop Thank you to Carla Prado, Kate Lambell and Judy Bauer for presentations Multiple concurrent, plenary and breakfast sessions where dietitians presenting – congratulations to all those involved Acknowledgement to those who chaired sessions
4.2. Group Plan	<ul style="list-style-type: none"> 2025-26 group plan has been prepared and submitted to COSA earlier in 2025 – progressing well against all activities
<p>4.3. Partnerships</p> <ul style="list-style-type: none"> Dietitians Australia: DA Prize at COSA ASM, co-branded webinar 2025 Nutrition Group members contributing to other relevant groups <p>4.4. Research and Research Translation</p> <ul style="list-style-type: none"> Toolkit to support implementation of the COSA position statement (Jenelle Loeliger) H&N evidence-based guidelines (A/Prof Merran Findlay) COSA Nutrition and Exercise Group fellowship initiative (A/Prof Merran Findlay) <p>4.5. Education and Communication</p> <ul style="list-style-type: none"> Member engagement/mid-year virtual 	<p>4.3 Partnerships</p> <p><i>Dietitians Australia</i></p> <ul style="list-style-type: none"> Research prize being awarded at 2025 ASM with 6 presentations under consideration – congratulations to everyone who is eligible. Winner will be announced at 2025 ASM closing ceremony. Thank you to Belinda Steer and Louise Moodie for undertaking judging. Co-branded webinar held June 2025 with over 100 attendees (predominantly dietitians but also EP and nursing) and 4 presentations on current research projects. Overall positive feedback with ongoing interest in future sessions. Plan to undertake again in 2026. Coordination alternates between COSA and DA (the primary difference being a cost involved in the years that it is hosted by DA). Please send ideas for 2026 presenters to Belinda Steer (or Jenelle Loeliger). <p><i>Contributions to other relevant groups</i></p> <ul style="list-style-type: none"> Merran Findlay sits on Australia New Zealand Head and Neck Cancer Society board Elise Treleaven – COSA older persons group, noting release of OCP for older adults yesterday Hattie Wright – DA research IG – potential consideration for partnership as part of COSA/DA webinar Kate Furness – part of AuSPEN education group – releasing series of webinars aimed at medical workforce. Series will include inpatient PN and ERAS. Will be able to acquire medical education points. Seeking speakers. MASCC in Melbourne next year. Nutrition/cachexia focused session including Nicole Kiss co-chairing a session and Brenton Baguley presenting. <p>4.4 Research and Research Translation</p> <p><i>Implementation Toolkit</i></p>

<p>meeting/'active' group members</p> <ul style="list-style-type: none"> E-news (Lauren Atkins) 	<ul style="list-style-type: none"> Stage 2 of toolkit currently underway. Jane Stewart reported making good progress. Multiple working groups working on various sections, including a practical video resource on undertaking a PG-SGA. Focus on implementation in practice. Planning to complete an end-user review in ~March 2026. Noting an update to the Position statement will be completed following the development of a new sarcopenia screening tool within the EPICCS program of work (led by Deakin University / Nicole Kiss) – planned for 2027. <p><i>H&N Guidelines</i></p> <ul style="list-style-type: none"> Merran Findlay, Teresa Brown, Laura Hanna and Judy Bauer have been transitioning guidelines to the Magic App (living guidelines) this year – thank you for your ongoing dedication to this piece of work. https://app.magicapp.org/#/guideline/8689 <p><i>COSA Fellowship Initiative</i></p> <ul style="list-style-type: none"> Emily Jeffery has been mapping dietetic services in acute health services providing cancer care across Australia. Congratulations on all your work on this project as part of the inaugural fellowship. Acknowledgements to Nicole Kiss, Merran Findlay (as mentors) and Jenelle Loeliger and Irene Deftereos (team members) Poster at ASM 2025 with 2 x manuscripts being prepared (workforce + service availability) <p>4.5 Education and Communication</p> <ul style="list-style-type: none"> Next e-news planned for December – send Lauren Atkins any updates / resources / publications / photos from COSA. Thank you to Lauren for all her contributions to this role. Looking for a new member to take on e-news. Virtual “speed networking” event held in 2025. Emily Jeffery and Irene Deftereos shared feedback from event. 3 speakers were engaged to present with a plan to form smaller rotational groups to ask questions of speakers and partake in networking. Despite greater registrations, only 2 attendees on the day. Discussion related to increasing wider nutrition group member engagement – how do we ensure we maintain member engagement outside of executive committee? Suggestions from AGM attendees: <ul style="list-style-type: none"> Aim to understand what members are looking for (e.g. research vs practical), demographics of the wider nutrition membership, what nutrition membership would like to learn more about. Those who are most likely to actively engage will engage To consider undertaking a short survey of nutrition membership group to identify unmet need and determine what research/projects are involved in Opportunities to submit EOI for smaller working groups Opportunity to promote COSA to other dietitians (COSA nutrition group appears to be more active than DA oncology IG and other COSA groups) – social media, spreading the word, QR code on presentation slides to promote nutrition group Develop a master list of who has presented at COSA in the past few years Share acknowledgements / updates in e-news
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	<ul style="list-style-type: none"> • Determine if we can get engagement analytics from e-News • Can we put a snapshot of e-News on LinkedIn or other social media platform with a notice to refer back to COSA communications for further details • Member spotlights from wider nutrition membership • Case studies / profiles • Combined DA/COSA communication • Potential need for a communication strategy to incorporate above ideas/formulate a logical plan moving forward.
5. Plans for 2026 activities 5.1. 2026 ASM Ideas	<ul style="list-style-type: none"> • ASM will be held in Sydney in 2026 • Merran Findlay will be nutrition group rep • Speaker / session ideas send to Merran Findlay / Jenelle Loeliger • Theme - precision generation: from cancer prevention to personalised care (focus on novel therapies and personalised care, and include multidisciplinary, holistic management, and innovative cancer care)
6. Other Business 6.1. Achievements of nutrition group members	<ul style="list-style-type: none"> • Not discussed
7. Next Meeting	February 2026 (Nutrition Group Executive)

Executive:

Lauren Atkins

Dr Brenton Baguley

Dr Teresa Brown

Dr Irene Deftereos

A/Professor Merran Findlay

Dr Kate Furness

Jenelle Loeliger (Chair)

Louise Moodie (Secretary)

Jane Stewart