

## Exemplars of evidence-based care in practice

### **PG-SGA training and skills maintenance program**

<b>WHAT</b> did the initiative involve?	<p>Development of a PG-SGA training and skills maintenance program:</p> <ul style="list-style-type: none"> <li>• <i>Individual level</i> – Development of an online training module and instructional video to instruct and train clinicians in completing the PG-SGA and increase knowledge and confidence about its use in clinical practice.</li> <li>• <i>Team/service level</i> – Planning and establishing a mandatory training/competency program and monitoring of staff compliance to the program over time. This includes a frequent (approximately 6-monthly) skills maintenance session with a group of dietitians in order maintain competency in completing the PG-SGA, informal inter-rater reliability testing via peer observation and discussion of practical patient studies in the context of the PG-SGA.</li> </ul>
<b>WHO</b> was involved in the initiative?	<p>Dietitians from Peter MacCallum Cancer Centre.</p>
<b>WHERE</b> did the initiative occur?	<p>Inpatient and outpatient setting Peter MacCallum Cancer Centre</p>
<b>WHO</b> was the target of the initiative?	<p>Clinicians working in cancer care</p>
<b>WHEN</b> was the initiative performed?	<p>Ongoing</p>
<b>HOW</b> was the initiative undertaken?	<p>Local quality improvement and education project</p>
<b>OUTCOMES</b>	<ul style="list-style-type: none"> <li>• <i>Individual level</i> – information included in the training modules includes who can do it, when to do it (frequency), where/setting that is appropriate, and instructions on how to complete the PG-SGA worksheets and physical exam. This has led to improved knowledge and confidence in using the PG-SGA in clinical practice.</li> <li>• <i>Team/service level</i> – Development of a guideline that covers the details i.e., PG-SGA training/competency program must be completed by all dietitians within 2 weeks of starting their job. This includes completing the online learning package and 2 x peer review sessions. PG-SGA skills maintenance sessions to be repeat every 6 months.</li> </ul>
<b>REFERENCE</b>	