

FEAR OF CANCER RECURRENCE

Recommended resources to support survivorship care

Resources for survivors and carers

- American Society of Clinical Oncology (ASCO) website: [Dealing with cancer recurrence](#) (US)
- Australian Cancer Survivorship Centre: [Fear of cancer recurrence fact sheet](#)
- Breast Cancer Network Australia: [Fear of cancer recurrence resources](#)
- Cancer Council podcast: [The thing about cancer – Managing fear](#)
- Cancer Council Victoria: [Fear of cancer coming back](#)
- Cancer Mind Care: [Cancer Mind Plan](#) (AU)
- iConquerFear: [A self-help website for managing worries](#)
- Lymphoma Australia: [Fear of Return](#)



Resources for health professionals



- Butow P, Sharpe L, Thewes B, Turner J, Gilchrist J, Beith J. [Fear of cancer recurrence: a practical guide for clinicians](#). *Oncology* (Williston Park). 2018 Jan 15;32(1):32-8.
- Cancer Council: [Cancer counselling services](#)
- Psycho-oncology Co-operative Research Group (PoCoG): [Fear of Cancer Recurrence Resource Hub](#)

Recommended articles for further reading

- Fardell JE, Jones G, Smith AB, Lebel S, Thewes B, Costa D, Tiller K, Simard S, Feldstain A, Beattie S, McCallum M. [Exploring the screening capacity of the Fear of Cancer Recurrence Inventory-Short Form for clinical levels of fear of cancer recurrence](#). *Psychooncology*. 2018 Feb;27(2):492-499.
- Sharpe L, Curran L, Butow P, Thewes B. [Fear of cancer recurrence and death anxiety](#). *Psycho-oncology*. 2018 Nov;27(11):2559-65.
- Serafimovska A, Liu J, Beith J, Butow P. [Patients' and oncologists' perspectives on a novel Clinician-led Fear of Cancer Recurrence \(CIFeR\) Intervention](#). *Supportive Care in Cancer*. 2021 Dec;29(12):7637-46.
- Smith AB, Gao M, Tran M, Ftanou M, Jegathees S, Wu V, Jefford M, Lynch F, Dhillon HM, Shaw J, McDowell L. [Evaluation of the validity and screening performance of a revised single-item fear of cancer recurrence screening measure \(FCR-1r\)](#). *Psycho-Oncology*. 2023 Apr 30.

