



COSA Survivorship Group Annual General Meeting

Thursday November 25 2021

COSA Survivorship Group Annual General Meeting



AGENDA

Thursday 25 November 2021
11:00am to 12:00pm AEDT

Zoom details will be sent to members who register for this meeting

Chair: Michael Jefford

| AGENDA ITEM |
|---|
| 1. Welcome and Acknowledgement of Country |
| 2. Update from COSA (Marie Malica, COSA CEO) |
| 3. Group update from the Chair (Michael Jefford, Chair Survivorship Group) 3.1 Group activities 2021 3.2 Member engagement, strategic planning, plans for 2022 3.3 Policy Group update |
| 4. Financial Toxicity Working Group Update (Ray Chan, Chair Financial Toxicity Working Group) |
| 5. PRO Working Group update (Bogda Koczwara, Chair PRO Working Group) |
| 6. COSA Survivorship Research Fellowship update (Carolyn Mazariego, Fiona Crawford-Williams) |
| 7. Other Business |
| 8. Next Meeting |

The screenshot shows the Clinical Oncology Society of Australia (COSA) website. The browser address bar displays 'cosa.org.au'. The main navigation menu includes 'ABOUT US', 'PUBLICATIONS', 'GROUPS', 'EVENTS', 'MEMBERSHIP', and 'GRANTS & AWARDS'. A secondary navigation menu below it includes 'ABOUT', 'ACTIVITIES', 'EDUCATION', 'FELLOWS', 'RESOURCES', and 'DISCUSSION'. The left sidebar lists various cancer types and specialties, with 'Survivorship' highlighted. The main content area is titled 'ABOUT' and contains the following text:

COSA members formed the cancer survivorship group in November 2012 in recognition of the growing importance of survivorship care of people diagnosed with cancer. Our multidisciplinary Group provides a platform for the discussion and ongoing development of survivorship care in Australia. We recognise that quality survivorship care is essential to supporting the well-being of people diagnosed with cancer and their families.

The overarching aim of the COSA Survivorship Group is to advance care and research to improve outcomes for all Australians after cancer treatment.

Survivorship Group objectives include:

- Represent the needs of the broad range of health professionals involved in delivering care for cancer survivors
- Provide a forum for education, discussion and exchange of information between health professionals involved in cancer survivorship care
- Foster research in cancer survivorship
- Promote and advocate for improved survivorship services and access to care for all Australians living with and beyond cancer
- Engage stakeholders in the area of cancer survivorship care to ensure a coordinated, national approach to survivorship care in Australia and to facilitate policy development to inform such care

COSA Survivorship Group Strategic Plan


The [Survivorship Group Strategic Plan](#) set directions for 2019-2021 and our achievements are summarised [here](#). The strategic plan identifies a range of priorities to help us work towards our objective of advancing care and research to improve outcomes for all Australians after cancer treatment. A new plan will be developed following consultation with the Group membership during late 2021. We are keen to hear from any members whose interests and expertise align with these activities and who would like to get involved. Please get in touch at cosa@cancer.org.au


Executive Committee

cosc.org.au

Others ▾ News + entertainment ▾ Netflix, movies and TV ▾ Email ▾ Google Banking ▾ Google Maps work bits ▾ upcoming holidays ▾

Integrative Oncology
Lung Cancer
Melanoma and Skin Cancer
Neuroendocrine Tumours
Neuro-Oncology
Nutrition
Paediatric Oncology
Palliative Care
Psycho-Oncology
Radiation Oncology
Rare Cancers
Regional & Rural Oncology
Surgical Oncology
Survivorship
Urologic Oncology


Asia Pacific Journal of
Clinical Oncology
Members have free online
access.
[View >](#)



Cancer Forum
Read the latest issue online at:
[View >](#)

- Promote and advocate for improved survivorship services and access to care for all Australians living with and beyond cancer
- Engage stakeholders in the area of cancer survivorship care to ensure a coordinated, national approach to survivorship care in Australia and to facilitate policy development to inform such care

COSA Survivorship Group Strategic Plan

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Executive Committee


Chair: **Prof Michael Jefford** (Peter MacCallum Cancer Centre, VIC)

Deputy Chair: Prof Ray Chan (Caring Futures Institute, Flinders University SA)

Members:

- Prof Gail Garvey (The University of Queensland, QLD)
- Dr Nicolas Hart (Caring Futures Institute, Flinders University, SA / Edith Cowan University / University of Notre Dame Australia WA)
- Dr Mahesh Iddawela (Alfred Health / Latrobe Regional Hospital, VIC)
- Ms Rebecca McIntosh (healthAbility / Peter MacCallum Cancer Centre, VIC)
- Dr Elysia Thornton-Benko (General Practice, NSW / University of New South Wales)
- Dr Thomas Walwyn (Perth Children's Hospital, WA)

Co-opted roles

- PRO Working Group Chair: Prof Bogda Koczwara (Flinders Centre for Innovation in Cancer, SA)
- Survivorship eNews Editors:
 - Dr Fiona Crawford-Williams (Queensland University of Technology, QLD)
 - Dr Carolyn Mazariego (The Defford Centre, The University of Sydney, NSW)
 - Dr Karolina Lisy (on leave until January 2022 - Peter MacCallum Cancer Centre, VIC)

Survivorship Group Terms of Reference - Council approved 6 August 2021

Survivorship Twitter - Follow and tag [@COSA_Surviv](#)
[Community Guidelines](#)

AGM Minutes
7 December 2020

COSA SURVIVORSHIP GROUP

Strategic Plan 2019 - 2021



| SURVIVORSHIP GROUP OBJECTIVE 1: Represent the needs of the broad range of health professionals involved in delivering care for cancer survivors | | | |
|--|--|---|--|
| OBJECTIVE 2: Provide a forum for education, discussion and exchange of information between health professionals involved in cancer survivorship care | | | |
| COSA Goal 1 - Advocate for matters affecting cancer service delivery, policy and care | | | |
| COSA Goal 2 - Meet the educational needs of COSA's multidisciplinary membership | | | |
| Strategy | Actions | KPIs/Timeframe | Achievements |
| ENGAGEMENT | | | |
| Increase engagement and improve communication with members | <ul style="list-style-type: none"> Publish regular eNews Build online communication/resources (social media and website) | <p>3 x a year</p> <p>Yearly website/social media review as key agenda item for the Exec meeting and request for feedback in the eNews</p> | <p>eNews editor co-opted in 2019 and regular issues are now published</p> <p>@COSA_Surviv twitter account is active and promoted and we have developed a social media plan</p> <p>Survivorship Group page is regularly updated</p> <p>Group AGMs held November 2019 (Adelaide), December 2020 (virtual) and November 2021 (virtual) providing the opportunity for members to connect and receive updates on Group activities.</p> <p>Group survey distributed August 2021 to inform strategic planning</p> |
| Ensure Executive is broadly representative of relevant jurisdictions and interest groups | <ul style="list-style-type: none"> Call for nominations in key areas from the membership (craft and geography) | Yearly membership review as agenda item | We have ongoing review of Executive membership and are continuing to ensure our Executive membership is diverse and provides new opportunities for members to join and get involved at an Executive level. We called for nominations and new members were appointed in 2019 and 2021. |
| EDUCATION | | | |
| Promote existing survivorship-focussed educational resources for | <ul style="list-style-type: none"> Create and maintain a listing of relevant resources | End 2020 | <p>Group page updated and promotion through regular eNews</p> <p>In addition, the group has collaborated on several webinars with the Australian Cancer Survivorship Centre (ACSC), Cancer Nurses Society of Australia (CNSA) and Cancer Council Victoria:</p> |



Survivorship Group Activities

- Adolescent and Young Adult
- Biobanking
- Breast Cancer
- Cancer Biology
- Cancer Care Coordination
- Cancer Genetics
- Cancer Pharmacists
- CTRPG
- Epidemiology
- Exercise and Cancer
- Gastrointestinal Cancer
- Geriatric Oncology
- Gynaecological Cancer
- Integrative Oncology
- Lung Cancer
- Melanoma and Skin Cancer

Survivorship working group updates – August 2021

We would like to thank our many members who are contributing their time and expertise to help us advance several key survivorship projects:

Following the success of a session on Financial Toxicity at the 2020 COSA ASM, we formed a **working group to address financial toxicity** in Australia (Chaired by Prof Ray Chan). This working group's focus is to define financial toxicity, scope current activities and services through an online survey, and develop a care pathway to guide the delivery of consistent, safe and evidence-based care for preventing and minimising financial toxicity in people living with cancer in Australia. We look forward to engaging with you further as these projects develop, but in the meantime please read these recent papers that some of our members have contributed to, which help highlight the importance of this initiative:

- [Exploring the role of general practitioners in addressing financial toxicity in cancer patients](#)
- [Juggling cancer and life in Survivorship: the role of general practitioners](#)
- [Australian experiences of out-of-pocket costs and financial burden following a cancer diagnosis: a systematic review](#)
- [Cancer patients' perspectives on financial burden in a universal healthcare system: Analysis of qualitative data from participants from 20 provincial cancer centers in Canada](#)
- [Screening for financial toxicity in clinical care with finance-related outcome measures](#)



USERNAME | PASSWORD | JOIN NOW

Home > Groups > Survivorship > Education

Education

- Adolescent and Young Adult
- Biobanking
- Breast Cancer
- Cancer Biology
- Cancer Care Coordination
- Cancer Genetics
- Cancer Pharmacists
- CTRPG
- Epidemiology
- Exercise and Cancer
- Gastrointestinal Cancer
- Geriatric Oncology
- Gynaecological Cancer
- Integrative Oncology
- Lung Cancer
- Melanoma and Skin Cancer

Upcoming webinars

Challenging a misconception - nothing can be done to address financial toxicity

Date: Tuesday 7 December 2021
Time: 7:00pm - 8:30pm AEDT

Register [here](#)

This webinar will address the issue of financial toxicity, and will be led by COSA Survivorship's Financial Toxicity working group. This multidisciplinary team has been working together on a range of projects to help to better define financial toxicity for cancer patients, and to better understand the knowledge, opinions, and current practices of supporting patients with cancer to alleviate financial concerns.

Facilitated by Prof Ray Chan, the webinar will share recent evidence on clinician experience and knowledge of financial toxicity in Australia, and will feature case studies that demonstrate the range of patient experiences at different stages of cancer treatment and care. Following this we will welcome our panel representing various multidisciplinary team and consumer perspectives for a facilitated discussion with Q&A.



Fellows

[Adolescent and Young Adult](#)[Biobanking](#)[Breast Cancer](#)[Cancer Biology](#)[Cancer Care Coordination](#)[Cancer Genetics](#)[Cancer Pharmacists](#)[CTRPG](#)[Epidemiology](#)[Exercise and Cancer](#)[Gastrointestinal Cancer](#)[Geriatric Oncology](#)[Gynaecological Cancer](#)[Integrative Oncology](#)[Lung Cancer](#)[Melanoma and Skin Cancer](#)[Neuroendocrine Tumours](#)[Neuro-Oncology](#)[Nutrition](#)[Paediatric Oncology](#)[Palliative Care](#)[ABOUT](#)[ACTIVITIES](#)[EDUCATION](#)[FELLOWS](#)[RESOURCES](#)[DISCUSSION](#)

The COSA Survivorship Group is very pleased to announce the appointment of three inaugural COSA Survivorship Research Fellows:



Fiona Crawford-Williams
[Research priorities in cancer survivorship in Australia](#)



Carolyn Mazariego
[Consensus guidelines on PROM implementation in Australia](#)



Julia Morris
Current survivorship-focused research in Australia

In 2020 we called for expressions of interest from early career researchers to lead a research study aiming to establish research priorities in cancer survivorship in Australia. The Executive was very impressed with the number of high quality applications submitted – so much so that they agreed to offer three COSA Survivorship Research Fellowships instead of one!

The Fellows receive mentorship, guidance and support from the Survivorship Executive Committee, which comprises internationally renowned senior clinicians and researchers in cancer survivorship. Each project will help advance survivorship research and improve outcomes for all Australians after cancer



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Survivorship eNews

- Survivorship eNews [September 2021](#)*
- Survivorship eNews [April 2021](#)*
- Survivorship eNews [December 2020](#)*
- Survivorship eNews [July 2020](#)*
- Survivorship eNews [March 2020](#)*
- Survivorship eNews [August 2019](#)*
- Survivorship eNews [November 2018](#)*
- Survivorship eNews [June 2018](#)*

COSA Model of Survivorship Care

The COSA Survivorship Group undertook a project to develop a position statement for COSA and its members and stakeholder groups defining the critical components of cancer survivorship care. The guiding questions for the project were:

- What are the critical components of survivorship care in Australia?
- What defines quality survivorship and how can it be survivor-centred?



Updates since the 2020 AGM

Updates

- Representation and engagement
- Education
- Research
- Improving the model of care
- Advocacy, policy

Survivorship Group objectives include:

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Membership of the Executive Committee

- New members
 - Prof Gail Garvey
 - Dr Nicolas Hart
 - Dr Tom Walwyn
 - Ms Rebecca McIntosh
- Thanks to Profs John Boyages, Richard Cohn, David Joske, Janette Vardy

Welcome to new Executive Committee members!

We are very pleased to welcome the following new members to the Survivorship Group Executive Committee:

- Prof Gail Garvey (Aboriginal and Torres Strait Islander health – Menzies School of Health Research, Qld)
- Dr Nicolas Hart (Allied health – exercise scientist – Queensland University of Technology, QLD/ Edith Cowan University, University of Notre Dame Australia, WA)
- Ms Rebecca McIntosh (Allied health – dietitian – Peter MacCallum Cancer Centre/ Carrington Health, VIC)
- Dr Tom Walwyn (Paediatric and adolescent oncology – Perth Children's Hospital, WA)

Our new members bring a diverse range of skills and experience from all over Australia, which will strengthen our Group as we continue our work to advance care and research to improve outcomes for all Australians after cancer treatment. They join our continuing Executive - Prof Michael Jefford (Chair), Prof Ray Chan (Deputy Chair), Dr Mahesh Iddawela, Prof Bogda Koczwara and Dr Elysia Thornton-Benko. We thank our outgoing members who have completed their time on the Executive Committee for their significant contribution to our Group's activities - Prof John Boyages, Prof Richard Cohn, Prof David Joske and Prof Janette Vardy.



Gail Garvey



Nicolas Hart



Rebecca McIntosh



Tom Walwyn

Changes to the terms of reference

Terms of Reference COSA Survivorship Group



Background

The Clinical Oncology Society of Australia (COSA) is Australia's peak multidisciplinary society for health professionals working in cancer research, treatment, survivorship, rehabilitation and palliative care.

The overarching mission of COSA is to improve the care of Australians affected by cancer. The objects of COSA as defined in the Constitution (approved 14 November 2017) are:

- to promote excellence in the multidisciplinary care and research relating to cancer – from prevention, diagnosis and treatment to follow-up, palliation and survivorship;
- to encourage multidisciplinary collaboration of all professionals involved in cancer care and research;
- to foster and promote cancer research; and
- to support the professional development and educational needs of cancer health professionals in the furtherance of the above objects

COSA members with a common interest in a discipline, disease type or area of need form groups to discuss issues and develop solutions to shared problems in cancer care. COSA Groups provide an opportunity for COSA members to be actively involved with important issues. COSA Council approves the formation of each Group providing it aligns with the interests and objectives of COSA.

Proceedings of COSA Groups

As defined in the COSA Constitution [approved 14 November 2017] Clause 10.3:

- Each COSA Group will have terms of reference approved by COSA Council. Such terms of reference will include agreed objectives, the establishment of an Executive Committee voted by the Group membership.
- Groups and their activities will be based primarily on the objects of COSA
- The Group Chair will sit on COSA Council during their elected term.
- Groups may hold an annual general meeting, preferably at the COSA Annual Scientific Meeting.
- Each Group is responsible to, and may be directed by the Board or their delegate as set out in accordance with the terms of reference.
- Groups are required to submit to the COSA Board an annual plan outlining their planned activities and/or priorities, and support or resourcing requests from the COSA office.
- An annual review of COSA Group activities and structure will be conducted as a part of good governance and Groups that are in abeyance may be dissolved at the discretion of the Board on the advice of Council.
- COSA Council may disband a Group if the registered membership falls below thirty (30) COSA Individual Members.

- It is desirable to have representation from a range of professional backgrounds and states or territories, reflecting COSA's national multidisciplinary membership and the disciplines which the Group represents;
- The Executive Committee may co-opt individuals as required to assist on specific issues or projects.

2.2 Appointment and Term of the Executive Committee Chair and Deputy Chair

When required, the COSA Chief Executive Officer, acting upon the direction of the Group Chair, will conduct an election for the position of Chair and Deputy Chair by calling for nominations from the Group membership.

The Chair and Deputy Chair will hold office for an initial term of two years, and be eligible for re-appointment for a further two-year term if there is no objection from the Executive Committee.

The Chair and Deputy Chair may be eligible for a third term, but other Group members may also be invited to nominate at this time.

At the end of the Chair's term, the Deputy Chair may be appointed to the Chair role if there is no objection from Executive Committee members.

Single nominations for a position will be appointed automatically if there is no objection from Executive Committee members.

In the event of there being more than one nomination for the Chair roles, the Chief Executive Officer shall conduct a ballot at which all Survivorship Group members may vote.

In the event of there being no nominations, the COSA Council may appoint a Chair and Deputy Chair.

2.3 Appointment and Term of Executive Committee members

Each Executive Committee member will hold office for two years, and be eligible for re-appointment for a further two years, or a tenure determined appropriate by the Executive Committee.

The Chair will ensure rolling membership renewal of the Executive, to ensure continuity is maintained in leadership while bringing new experience to the Committee.

Expressions of interest will be sought from Survivorship Group members as required to fill Executive Committee roles. The Executive will reach agreement on the appointment of new members, ensuring the Committee's overall composition represents a broad range of disciplines and geographic areas, and includes members whose expertise aligns with the Group's strategic priorities and plans and who will bring a combination of skills, experience, and expertise to Committee discussions. If the Executive are unable to reach agreement on the selection of new Committee members, then an election will be held by the Chief Executive Officer amongst the Survivorship Group membership.

2.4 Appointment and term of co-opted Committee members

When required, the Executive Committee may co-opt individuals to assist on specific issues or projects. Each co-opted Committee member may hold this position for two years, and be

2.10 Reporting

The Executive Committee reports to the COSA Council via the Chair. The Chair will sit on COSA Council during their term, and report on behalf of the Executive Committee as required. Regular reports will be provided by the Chair for inclusion in the Marrylyan and Annual Report. Annual progress of Group activity will be reported through COSA's annual Group planning process.

Other reports may be requested at the discretion of the COSA President or Chief Executive Officer.

3. Subcommittees

The Executive Committee may appoint Subcommittees to deal with specific issues as needed. These Subcommittees must report to the main Executive Committee and adhere to these terms of reference. A Subcommittee Chair may be nominated by the Executive Committee, and will be responsible for the formation and operation of the Subcommittee. Subcommittee members may be appointed based on their known areas of expertise which are relevant to subcommittee deliberations, or expressions of interest may be sought from the Group membership if required. A Subcommittee Chair may be co-opted to the role on the Executive Committee but if they are not already an Executive Committee member then they will not be included in the quorum for decision making. Subcommittee members may be asked to sign confidentiality and conflict of interest statements relevant to the issues under consideration.

4. Review

All members agree to adhere to these terms of reference and the supporting documents listed at item 6.

The terms of reference will be reviewed by the Executive Committee every two years or as required.

5. Terms of Reference Approval History

| | |
|----------------------------------|---------------------------------|
| Approved by Executive Committee: | 21 July 2021 (current version) |
| | 22 October 2018 |
| | 27 June 2016 |
| Approved by COSA Council: | 6 August 2021 (current version) |
| | 12 November 2018 |
| | 19 August 2016 |

6. Supporting Documents

COSA Constitution
COSA Board and Committees Code of Conduct

Engagement

- Social media
- Member survey



The image shows a screenshot of a Twitter profile for 'COSA Survivorship'. On the left is a navigation menu with icons for Home, Explore, Notifications, Messages, Bookmarks, Lists, Profile, and More, with a blue 'Tweet' button at the bottom. The main profile area shows the account name 'COSA Survivorship' with 2,145 tweets. The profile picture is a circular logo for 'CANCER SURVIVORSHIP'. The header banner features a blue and green design with the text 'CANCER SURVIVORSHIP 20 18-19 MARCH 2021' and '100% VIRTUAL ONLINE AND ON DEMAND'. It also includes logos for 'Clinical Oncology Society of Australia' and 'Flinders University'. The bio states: 'Clinical Oncology Society of Australia (COSA) Survivorship Group interested in all things about living after a cancer diagnosis. Join us at #Surv21'. Location is 'Australia' and website is 'cosa.org.au/groups/survivo...'. It shows '228 Following' and '1,298 Followers'. A pinned tweet from Mar 18 says: 'Twitter people! Let's keep the conversation going by using the hashtag #surv21 & you'll be featured on the virtual platform'.



In this issue

- Message from the Editors
- Welcome to new Executive Committee members!
- Survivorship working group activities
- Cancer Survivorship 2021
- Cancer Survivorship for Aboriginal and Torres Strait Islander people - Roundtable
- E-learning: Improving cancer outcomes for Aboriginal and Torres Strait Islander people
- Register now! Allied Health-Survivorship webinar
- Global Partnership on Self-management in Cancer
- Exercise and Cancer
- Recent publications from our members
- SAVE THE DATE! COSA's 48th Annual Scientific Meeting

Upcoming events

- COSA-ACSC-CHSA-CCV Webinar**
Allied health providing cancer survivorship care
25 May 2021 - 7:00pm-8:30pm AEST
- IPQS 2021 World Congress**
26-29 May 2021 - virtual congress
- Value-Based Health Care Conference**
27-28 May 2021 - face-to-face Perth, WA + online
- MASCC/ISOO Annual Meeting**
Annual Meeting on Supportive Care in Cancer
24-26 June 2021 - virtual congress
- Using PROMs "Down Under"**
University of Sydney Quality of Life Office + ISOOOL
8-9 July 2021 - virtual conference
- Sydney Cancer Conference 2021**
Bridging research and practice
9-10 September 2021 - online event
- 2021 COSA ASM**
Cancer care and research: Learning from the past and improving the future
16-18 November 2021 - Melbourne, Victoria

Message from the Editors

Dear Readers

We would like to introduce ourselves as the new co-Editors for Survivorship eNews while



In this issue

- Message from the Editors
- Survivorship Group updates
- Survivorship Research Fellowship update
- Australian Cancer Plan
- MASCC Survivorship Study Group
- The iCanEAT project
- 'Good Life - Cancer Survivorship' project
- PROMS Conference highlights
- Expansion of mycareplan.org.au
- International connections
- 4th Victorian Cancer Survivorship Conference
- Recent publications from our members
- REGISTER NOW! COSA's 48th Annual Scientific Meeting

Upcoming events

- Sydney Cancer Conference 2021**
Bridging research and practice
9-10 September 2021 - online event
- Collaborative Survivorship webinar**
Nurses integrating optimal survivorship care: it's everyone's business
12 October 2021 - 7:00pm-8:30pm AEDT
- 2021 COSA ASM**
Cancer care and research: Learning from the past and improving the future
16-18 November 2021 - virtual and on-demand
- PoCoQ Scientific Meeting**
A series of 6 lunchtime sessions - virtual
1-3 Dec & 8-10 Dec: 11:30am-1:30pm AEDT
- Collaborative Survivorship webinar**
Financial Toxicity - save the date
7 December 2021 - 7:00pm AEDT
- 4th Victorian Cancer Survivorship Conference**
Shifting Gears: Rethinking Survivorship
24 - 25 March 2022, Melbourne, Victoria

Message from the Editors

Dear Readers

Welcome to the September 2021 edition of



programmes is to accelerate the uptake of the COGA Australian Teletrial Framework throughout Australia. This represents a move in a generation leading based in diverse clinical trials (cancer and non-cancer) to every Australian to matter their postcode. It will transform clinical care in Australia through multiple mechanisms but for me the key mechanism will be to foster stronger networks amongst clinicians as patients can access even greater clinical expertise.

This brings us to another exciting project that will directly benefit the Regional and Rural clinicians and their patients. This project is the **Australian Rare Cancer (ARC) Portal**. The ARC Portal is an online referral service for cancer clinicians caring for patients with a rare cancer, including patients with an uncommon or rare molecular subtype of a common cancer. The Portal coordinates nation-wide review of the clinical care of patients with rare cancers, and can provide relevant with:

1. Specialist opinion on diagnosis or management through a network of rare cancer experts
2. A summary of existing literature and relevant clinical guidelines
3. Pathology interpretation
4. Genomic/Tumour molecular testing options and advice on the interpretation of existing reports
5. Trial information and recommendations
6. Access to research opportunities for rare cancers, with related sub-studies available for individuals with certain rare tumours

The Australian Rare Cancer Portal is supported by the Walter and Eliza Hall Institute (WEHI) Dorrado-Fox Rare Cancer Research Program (RRCP), which aims to explore new strategies for treating patients with a rare cancer diagnosis. Referrals can be entered by clinicians via the website

(<http://www.aesportal.org.au>) or send via their Twitter handle @rare_canc. As of November 2020, 84% of ARC's referrals have come from regional and rural oncologists.

Please ensure you keep up your membership of COGA and the Regional and Rural Group in 2020; if you would like to participate in the Regional and Rural Group or be kept informed of our activities, log in to your member profile on the COGA website and select Regional and Rural Oncology as either a COGA Group or Area of Interest. We strongly encourage members from all disciplines to get involved with our Group.

Rob Zelinski
Chair, Regional & Rural Group
Rob.Zelinski@health.nsw.gov.au

Survivorship Group

The Survivorship Group remains very active. Ultimately our goal is to use improved survivorship care and improved outcomes for cancer survivors.

The COGA Model of Survivorship Care (2016) and associated position statement (published in the Australian Journal of General Practice in December 2016) inform much of our work.

We are (1) progressing with to understand current survivorship care delivery, (2) exploring and advocating for improved models of care, (3) providing COGA members with a number of educational opportunities around survivorship care, (4) promoting survivorship research.

Exploring care delivery

The Survivorship Group are keen to consider how we can support greater roll out of the COGA Model of Survivorship Care. We recognise that there is

significant variation in the delivery of survivorship care across the country. Associated with this is likely to be an awareness of the issues experienced by cancer survivors and difficulties with current care models. We are keen

to understand these issues better to inform our work. We are keen to undertake research to inform our work. We are keen to undertake research to inform our work. We are keen to undertake research to inform our work.

Now we

Consistent Survivorship should have more. The R to consider Group's role primary care practitioners' complexities are a number providing a limited and a lack of a support role have established together with GP groups, Survivorship.

The COGA 1 Care recogni of understand current survivorship care delivery, (2) exploring and advocating for improved models of care, (3) providing COGA members with a number of educational opportunities around survivorship care, (4) promoting survivorship research.

HARRYALYAN - DECEMBER 2020

The Survivorship Group was pleased to contribute to COGA's efforts to support revision of MBS data which informs through and beyond the period of COVID-19. Telehealth can support improved survivorship care and provide benefits such as less travel time and lower costs (e.g. transport and parking).

Educational opportunities

A number of survivorship topics were included in the recent virtual COGA 2020 Annual Scientific Meeting. A session update will be available in the Survivorship Group newsletter. We heard about the importance of measuring evidence into practice. Examples include the proven benefits of exercise for patients and survival, use of PRIs, and efforts to regional have been discussed. We also heard about the growing focus on cardio-oncology. Many cancer treatments are cardio-toxic. As with many other therapies, the challenge is to better understand who is at risk, how to screen those at risk, what are effective interventions, and how to disseminate these interventions.

The Survivorship Group had originally intended to host a group-wide survivorship symposium, focused on implementing improved models of care. Unfortunately, with the move to a fully virtual Annual Scientific Meeting we had to amend this. We have a presentation in 2021.

COGA partners with the Flinders University Health and Medical Research Institute to present the Greater Cancer Survivorship Victorian Survivorship Conference. The 2021 meeting will be held in 18 March 2021 as a hybrid meeting, online and face to face, in Adelaide. The theme is 'Life after cancer - redefined, reimagined and rebuilt'. It will include a mix of plenaries and workshops. Further details are at <http://www.survivorship2021.org>.

In August, COGA partnered with the Australian Cancer Survivorship Centre (ACCSC) and Cancer Council (West) to deliver a webinar on the important role that

social health plays in the care of cancer patients post-treatment. The session was very well attended, and well received. It's available at <https://www.performance.org/education/survivorship-education>. We will look at opportunities to partner with aligned organisations to deliver further education.



We also visited the ACCC. We visited, spoke with and had a Q&A session. We visited, spoke with and had a Q&A session. We visited, spoke with and had a Q&A session.

Survivorship research

Building research in survivorship research is a key element of the Survivorship Group's strategic plan. In July we were delighted to announce the appointment of three inaugural COGA Cancer Survivorship Research Partners to help advance the agenda. Expressions of interest were initially sought for an early-career researcher to coordinate a study aiming to establish optimal survivorship research priorities across Australia. A number of high-quality applications were

received, and the review committee agreed to increase the number of Fellowships offered. Each project will help advance survivorship research and improve outcomes for all Australians after cancer treatment.

Priscilla Crawford-Williams Researcher in cancer survivorship in Australia - this project will explore research priorities in cancer survivorship in Australia. This will include creating an interactive, multi-armed research programme. Priscilla will lead a multi-centred survey to identify key priorities for future cancer survivorship research. Information will be gathered from our members and key stakeholders to develop a list of priorities for cancer survivorship research. We hope to complete this in 2021.

Carlyle Mearns Co-ordinator of survivorship in Australia - this project will develop evidence guidelines for the inclusion of survivorship in RCTs. It will include a review of current evidence on survivorship outcomes from the Survivorship Group's Patient PRG Working Group. The initial survey will launch in early 2021.

Julia Morris Co-ordinator of survivorship research in Australia. This project aimed to raise current survivorship-focused research within Australia. The goal was to establish a national research network for survivorship research, to inform and support future research efforts and collaborations. The work has been completed and we are now working to present and disseminate results.

Please don't hesitate to contact me with queries or for more information.

Michael Jeffrey
Chair, Survivorship Group
Michael.Jeffrey@qut.edu.au



Psycho-Oncology Group

As I write this report, many of our Australian Psycho-Oncology colleagues are in the final throes of preparation for the International Psycho-Oncology Society 2021 Congress which will be held 28 to 29 May. The conference will be based in Japan and is a virtual meeting. It is pleasing to see a strong contingent of Australian researchers and clinicians showcasing their work and participating in the conference.

I think that we are all looking to attend conferences in person and certainly, at time of writing, this is the plan for the 2021 COGA AGM where we will get to address the latest updates on contemporary issues in cancer care and we will have the opportunity to meet with our colleagues and friends from around our nation. This congress will be in Melbourne from 18-19 November with the title being Cancer Care and Research: Learning from the past and improving the future with the very latest themes: Immunotherapy and PREMS and PROMS.

Associate Professor Lesley Clifford has been an outstanding representative for psycho-oncology on the organizing committee and from the program there is a clear influence of the psycho-oncology voice. Lesley has coordinated a plenary session which will encourage us to reflect on the key learnings from our experiences in 2020 and how these learnings will influence our future directions. In addition, Lesley has coordinated a session on immunotherapy which considers challenging communication issues in this context, the impact of and on carers of people undergoing immunotherapy, the impact of this treatment on long-term responders and the fear of cancer recurrence in this group.

Key dates for the 2021 COGA AGM are: 9 July, Symposia submissions close; 13 August, Abstract submissions close; 10 September, Early bird registration closes; and 18 November, AGM commences.

I look forward to seeing you in person in Melbourne in November. Please do not hesitate to get in contact with me if you have any ideas you would like to share.

Lesley Kinton
Chair, Psycho-Oncology Group
lesley.kinton@health.nsw.gov.au

Survivorship Group

COGA Survivorship Group activities continue to advance at a rapid pace during the first half of 2021 as we work towards our goal of improved care and outcomes for all Australians after cancer treatment.

We welcomed four new members to our Group Executive who bring diverse skills and experience that will strengthen our efforts - Prof Gill Garvey (Aboriginal and Torres Strait Islander Health - Mercedes Health (Alfred Health - a former scientist - Queensland University of Technology, QLD, East Coast University, University of Notre Dame Australia, WA); Ms Rebecca Johnson (Alfred Health - dietitian - Peter MacCallum Cancer Centre/Corngreen Health, VIC) and Dr Tom Wilkins (Paediatric and adolescent oncology - Perth Children's Hospital, WA). We thank our outgoing Executive members for their significant contribution to our Group's activities - Prof John Boyle, Prof Richard Cook, Prof David Goble and Prof Janette Vardy. Our work has continued to focus on strategic areas of importance for the Survivorship Group:

Free and complete online access to Asia-Pacific Journal of Clinical Oncology for COGA members.

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- Full search capabilities
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- Online/Early alerts
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Discover more with

Exploring care and new models of survivorship care. The Survivorship Group has been a significant driver of survivorship care, and we will continue to support new COGA Model of Survivorship Care. Many of our member time and expert working groups who work on elements of care delivery.

COGA Survivorship 2021 was held virtually in March in partnership with the Flinders University Health and Medical Research Institute. The theme 'Life after cancer - redefined, reimagined and rebuilt' was a challenging concept and focused on a number of important topics including survivorship in the context of antibody cancer, survivorship issues for Aboriginal and Torres Strait Islander people, and survivorship research, including personalised health and cognitive changes. Four workshops were very well attended, these explored skills acquisition covering cognition, mental health, self-management, and positive

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we have expanded our submission to delivering survivorship care, and have formed a partnership with the Australian Cancer Survivorship Centre (ACCSC), Cancer Council (West) and the Australian Cancer Survivorship Centre. Our Allied Health Survivorship workshop got underway on 28 May 2021 exploring the role of allied health providers in cancer survivorship care. This workshop was very well attended and brought together experts who provided insights on the context, challenges, and opportunities providing cancer survivorship care in rural and regional settings. It also provided education to two allied health professionals (physio and occupational therapy) who provided education and support. It provided education to two allied health professionals (physio and occupational therapy) who provided education and support. It provided education to two allied health professionals (physio and occupational therapy) who provided education and support.

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Education

- Successful Flinders-COSA Survivorship Conference March 2021
- Pre-conference roundtable with Menzies

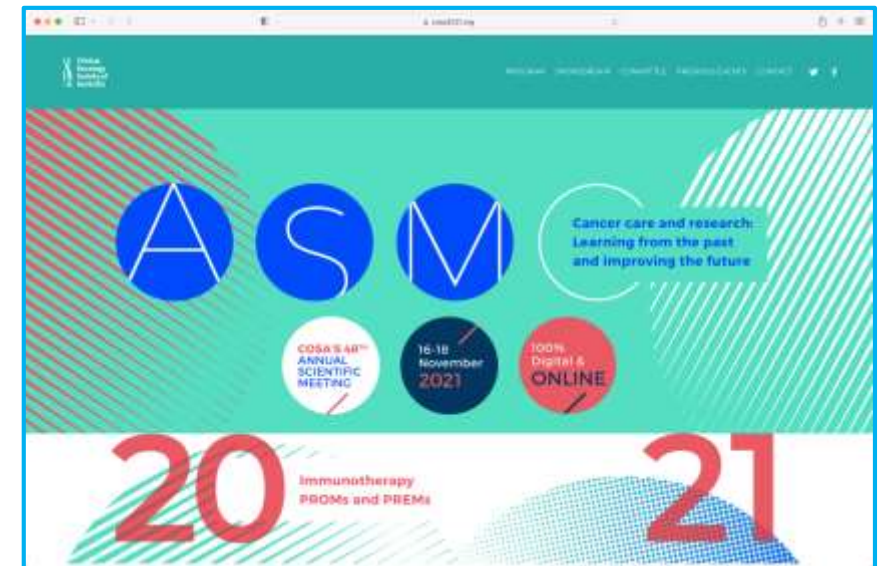


@NiCaN_Australia

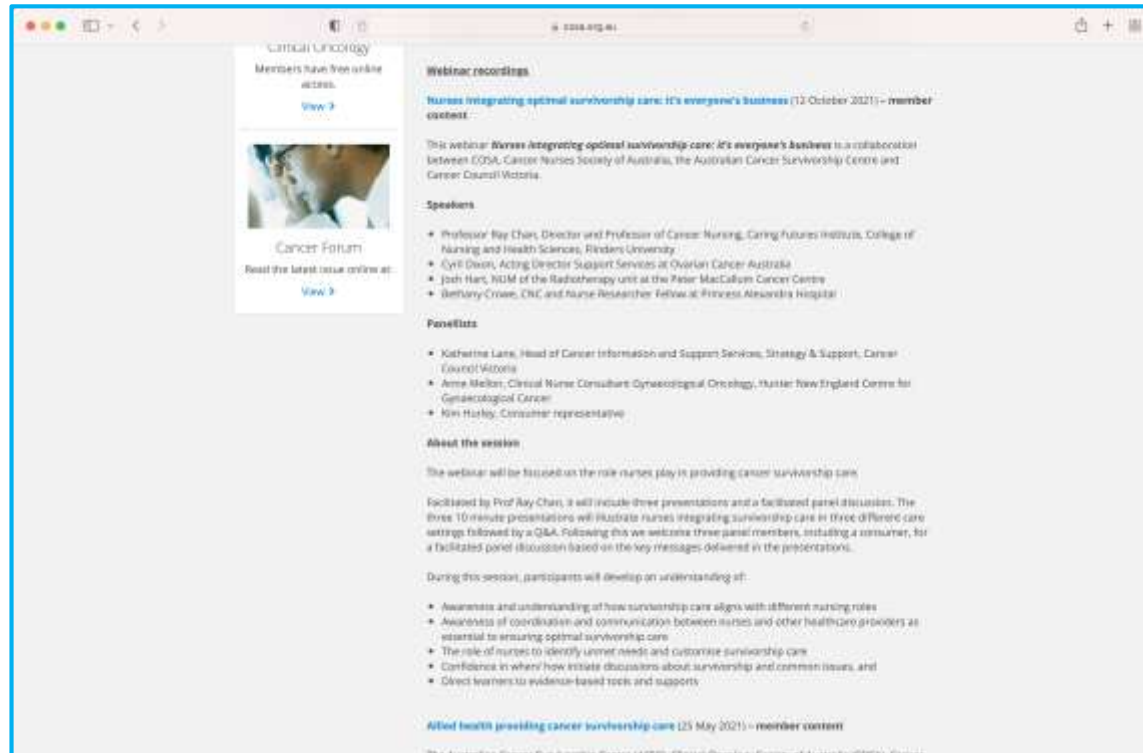
@COSA_Surviv

Education

- Webinars
 - Held two; 3rd planned on financial toxicity, Dec 7
 - Plan to continue collaborations in 2022
- COSA 2021 ASM
 - Representative to ASM organising committee
 - Significant amount of survivorship-focused content
 - Had hoped to facilitate a pre-conference Masterclass, but elected to not proceed virtually



Education



The screenshot shows a web browser window with a sidebar on the left and a main content area on the right. The sidebar contains a 'Clinical Oncology' header, a 'Members have free online access' notification with a 'View >' link, and a 'Cancer Forum' section with a 'Read the latest issue online at View >' link. The main content area is titled 'Webinar recordings' and features a recording titled 'Nurses integrating optimal survivorship care: it's everyone's business (12 October 2021) - member content'. Below the title is a short description of the webinar as a collaboration between COSA, Cancer Nurses Society of Australia, the Australian Cancer Survivorship Centre, and Cancer Council Victoria. A 'Speakers' list includes Professor Ray Chen, Cyll Dawn, Josh Hart, and Bethany Croxall. A 'Panelists' list includes Katherine Lane, Anne Mellor, and Kim Hurley. An 'About the session' section describes the webinar's focus on the role of nurses in providing survivorship care, facilitated by Prof Ray Chen, with three 10-minute presentations and a facilitated panel discussion. A list of learning objectives follows, including awareness of survivorship care alignment, coordination and communication, the role of nurses in identifying needs, and confidence in initiating discussions. The recording is dated 125 May 2021.



The screenshot shows a video player interface. At the top, there are four logos: Australian Cancer Survivorship Centre, Clinical Oncology Society of Australia, Cancer Council Victoria, and Cancer Nurses Society of Australia. A small video thumbnail of a speaker is in the top right corner. The main video area displays the title 'Nurses integrating optimal survivorship care: it's everyone's business' against a background of a blue sky with white clouds. At the bottom of the video player, there is a progress bar and a 'Peter Mac' logo.






The screenshot shows a Zoom meeting interface. At the top, there are four logos: Australian Cancer Survivorship Centre, Clinical Oncology Society of Australia, Cancer Council Victoria, and Cancer Nurses Society of Australia. A small video thumbnail of a speaker is in the top right corner. The main video area displays the title 'Allied health providing cancer survivorship care' and 'A facilitated panel discussion' against a background of a blue sky with white clouds. At the bottom of the video player, there is a progress bar. On the right side, there is a 'Chat Messages' window with two messages from 'Amy_ACSC Tech'. The first message is dated 02:06:14 and contains a resource list link. The second message is dated 02:06:28 and contains an evaluation link.

Research

The screenshot shows the COSA website at cosa.org.au. The main navigation bar includes links for ABOUT US, PUBLICATIONS, GROUPS, EVENTS, MEMBERSHIP, and GRANTS & AWARDS. The current page is titled "Fellows" and has a sub-navigation menu with options: ABOUT, ACTIVITIES, EDUCATION, FELLOWS (selected), RESOURCES, and DISCUSSION.

On the left side, there is a vertical list of research areas, including: Adolescent and Young Adult, Biobanking, Breast Cancer, Cancer Biology, Cancer Care Coordination, Cancer Genetics, Cancer Pharmacists, CTRPG, Epidemiology, Exercise and Cancer, Gastrointestinal Cancer, Geriatric Oncology, Gynaecological Cancer, Integrative Oncology, Lung Cancer, Melanoma and Skin Cancer, Neuroendocrine Tumours, Neuro-Oncology, Nutrition, Paediatric Oncology, Palliative Care, Psycho-Oncology, Radiation Oncology, and Rare Cancers.

The main content area features an announcement: "The COSA Survivorship Group is very pleased to announce the appointment of three inaugural COSA Survivorship Research Fellows:"

| Fellow Name | Research Focus |
|---|--|
|  Fiona Crawford-Williams | Research priorities in cancer survivorship in Australia |
|  Carolyn Mazariego | Consensus guidelines on PROM implementation in Australia |
|  Julia Morris | Current survivorship-focused research in Australia |

Below the fellow profiles, the text states: "In 2020 we called for expressions of interest from early career researchers to lead a research study aiming to establish research priorities in cancer survivorship in Australia. The Executive was very impressed with the number of high quality applications submitted – so much so that they agreed to offer three COSA Survivorship Research Fellowships instead of one!"

Further down, it explains: "The Fellows receive mentorship, guidance and support from the Survivorship Executive Committee, which comprises internationally renowned senior clinicians and researchers in cancer survivorship. Each project will help advance survivorship research and improve outcomes for all Australians after cancer treatment."

At the bottom, it notes: "If you are interested in keeping up to date on the progress of these projects and learning more about the work of the Survivorship Group, remember to select 'Survivorship Group' as a Group or Area of Interest on the COSA website."

Developing research and infrastructure priorities for cancer survivorship in Australia

Fiona Crawford-Williams, Bogda Koczwara, Raymond J Chan, Janette Vardy, Karolina Lisy, Julia Morris, Mahesh Iddawela, Gillian Mackay, Michael Jefford

On behalf of the COSA Survivorship Group

CANCER SURVIVORSHIP

RESEARCH PRIORITIES
IN AUSTRALIA



Fiona Crawford-Williams, Bogda Koczwara, Raymond Chan, Janette Vardy, Mahesh Iddawela, Karolina Lisy, Julia Morris, Gillian Mackay, Michael Jefford on behalf of the COSA Survivorship Group

The number of cancer survivors, defined as people living with and beyond a diagnosis of cancer, continues to grow. Research plays an integral role in providing the evidence to support best practice cancer survivorship care.

In 2020, the Clinical Oncology Society of Australia's Survivorship Group undertook a research study to establish expert consensus on the key priorities for cancer survivorship research in Australia.

Background

Australian and international literature was reviewed to identify existing research priority items and research gaps relevant to cancer survivorship^{1,2,3,4}. Items were mapped across five distinct categories adapted from the Quality of Cancer Survivorship Care Framework⁵ and National Institutes of Health focus areas of grant funding⁶. These included four research categories: physiological outcomes; psychosocial outcomes; population groups; and health services, and one category regarding priorities around research infrastructure.

Methods

A two-round online, modified-Delphi study was conducted between November 2020 and February 2021. The panel of experts included cancer survivors, academic researchers, health professionals, advocacy organisations, and policymakers. In round one, participants ranked the importance of 77 items on a five-point scale, could make comments on wording and relevance, and suggest additional items. In round two, participants ranked the top five priorities within each category. The type of research needed for each priority, such as biological, exploratory,

intervention development, or implementation, was also selected.

Results

Response rates were 76% (63/82) and 82% (68/82) for rounds one and two, respectively. Participants were predominantly female (74%) and had been working in cancer survivorship for an average of 15 years. After round one, 12 items were added, and 16 items combined or reworded. The top five priorities from each category and corresponding types of research required are shown below.

CANCER SURVIVORSHIP RESEARCH PRIORITIES

Physiological Outcome Priorities

| | |
|---|----------------------------------|
| 1 | Cancer progression or recurrence |
| 2 | Management of comorbidities |
| 3 | Fatigue |
| 4 | Exercise and physical activity |
| 5 | Cognitive function |

Psychosocial Outcome Priorities

| | |
|---|----------------------------------|
| 1 | Fear of cancer recurrence |
| 2 | Economic issues |
| 3 | Distress, anxiety and depression |
| 4 | Adaptation and adjustment |
| 5 | Work and study issues |

Population Group Priorities

| | |
|---|--|
| 1 | Rare or under-represented cancers |
| 2 | Advanced or recurrent disease |
| 3 | Rural, regional, remote populations |
| 4 | Paediatric and childhood cancer survivors |
| 5 | Survivors with lower socio-economic status |

Health Services Priorities

| | |
|---|--------------------|
| 1 | Quality of care |
| 2 | Models of care |
| 3 | Self-management |
| 4 | Communication |
| 5 | Patient navigation |

Research Infrastructure Priorities

1. Data availability and data linkage

2. Rigorous reporting standards

3. Collaborative research

4. Funding opportunities

5. Investment in researchers

Priority Recommendations for the Implementation of Patient Reported Outcomes in Clinical Cancer Care: A Delphi study



Mazariego C, Jefford M, Chan RJ, Roberts N, Millar L, Anzodo A, Hayes S, Brown B, Saunders C, Webber K, Vardy J, Girgis A, Koczwara B, on behalf of the COSA PRO Working Group

COSA ASM, November 2021



Cancer Council



THE UNIVERSITY OF SYDNEY



COSA Survivorship @COSA_Surviv · Nov 17

Congratulations 🎉

Well done @CG_MazJo on winning the Best of the Best Oral prize in the PROMs and PREMs category.

So proud of your Research Fellowship work and presentation at #COSA21



📋 COSA @COSAoncology · Nov 17

Congratulations @CG_MazJo your excellent presentation amongst a very strong field at #COSA21 #PROMs #PREMs

Proudly sponsored by @MSD_Aus

COSA'S 48TH
ANNUAL
SCIENTIFIC
MEETING



Congratulations to our
Best of the Best Orals
prize winner

Carolyn Mazariego

PROMs and PREMs

#COSA21

Model of care

- Considering mapping current service provision
 - Membership of Victorian steering group
- Contribution to Menzies roundtable
 - Survivorship care for Aboriginal and Torres Strait Islander people
- Informing the Australian Cancer Plan
 - Policy subgroup
 - Primary care subgroup
- Liaison with international groups
 - MASCC, IPOS, ASCO, GPS

Volume 50, Issue 8
August 2021

Lived experience of people with cancer

This issue describes aspects of modern cancer treatment and underscores the importance of general practitioners to achieve optimal whole-person care.



Advocacy

- Informing the Australian Cancer Plan
 - Policy subgroup
 - Primary care subgroup
- Contribution to Menzies roundtable
 - Survivorship care for Aboriginal and Torres Strait Islander people
- PRO work
 - Opportunity to collaborate with COSA's Psycho-Oncology Group
- Opportunity to link with ACSC-facilitated NGO network

Thank you

- Members of the Executive Committee
- COSA Survivorship Research Fellows, and mentoring teams
- Members of the working groups / subcommittees
- Collaborating organisations
- Group members
- All those who presented work at the Flinders-COSA meeting and the COSA ASM
- And huge thanks to Gillian Mackay, COSA Project Manager



4TH VICTORIAN CANCER SURVIVORSHIP CONFERENCE

Shifting Gears: Rethinking Survivorship

24-25 MARCH 2022 | BAYVIEW EDEN MELBOURNE



OUR KEYNOTE SPEAKERS



Professor Smita Bhatia
MD, MPH - Director of Cancer
Outcomes and Survivorship,
University of Alabama

Professor Smita Bhatia, MD, MPH
completed her training in Blood
Banking and Hematology/
Oncology and Epidemiology from

[Read more](#)



**Professor Christoffer
Johansen**
Ph.D., Dr. Med. Sci. - Head of
Research, University of
Copenhagen, Denmark

Professor Christoffer Johansen is a
currently a full professor in Cancer
Late Effect Research.

[Read more](#)



Professor Ray Chan
Director and Professor of
Cancer Nursing, Caring
Futures Institute, College of
Nursing and Health Sciences,
Flinders University

BN, PhD, GAICD, FACN, NHMRC
Investigator Fellow, Matthew

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Professor Linda Denehy
Head, Melbourne School of
Health Sciences

Professor Denehy is Head,
Melbourne School of Health
Sciences, Professor of
Physiotherapy at The University of
Melbourne and Head of Allied

[Read more](#)



Call
for
Abstracts

www.survivorshipconference.com.au



Plans for 2022 / discussion

- Draft strategic plan is available and we welcome your input
 - Broadly continuing a similar work program
 - Increased number of subcommittees
 - Keen to continue to support COSA Survivorship Research Fellows
 - Will continue and expand our collaborations
- We are keen to promote greater engagement within the Group
 - At least one Group meeting in 2022, in addition to the AGM
 - Member profiles
- Michael Jefford has completed 2 years as Chair, Ray Chan will take over as Chair following this AGM
 - Will advertise for new Deputy role in the new year