

COSA SURVIVORSHIP GROUP

Strategic Plan 2019 - 2021



SURVIVORSHIP GROUP OBJECTIVE 1: Represent the needs of the broad range of health professionals involved in delivering care for cancer survivors			
OBJECTIVE 2: Provide a forum for education, discussion and exchange of information between health professionals involved in cancer survivorship care			
COSA Goal 1 - Advocate for matters affecting cancer service delivery, policy and care			
COSA Goal 2 - Meet the educational needs of COSA's multidisciplinary membership			
Strategy	Actions	KPIs/Timeframe	Achievements
ENGAGEMENT			
Increase engagement and improve communication with members	<ul style="list-style-type: none"> Publish regular eNews Build online communication/resources (social media and website) 	<p>3 x a year</p> <p>Yearly website/social media review as key agenda item for the Exec meeting and request for feedback in the eNews</p>	<p>eNews editor co-opted in 2019 and regular issues are now published</p> <p>@COSA_Surviv twitter account is active and promoted and we have developed a social media plan</p> <p>Survivorship Group page is regularly updated</p> <p>Group AGMs held November 2019 (Adelaide), December 2020 (virtual) and November 2021 (virtual) providing the opportunity for members to connect and receive updates on Group activities.</p> <p>Group survey distributed August 2021 to inform strategic planning</p>
Ensure Executive is broadly representative of relevant jurisdictions and interest groups	<ul style="list-style-type: none"> Call for nominations in key areas from the membership (craft and geography) 	Yearly membership review as agenda item	We have ongoing review of Executive membership and are continuing to ensure our Executive membership is diverse and provides new opportunities for members to join and get involved at an Executive level. We called for nominations and new members were appointed in 2019 and 2021.
EDUCATION			
Promote existing survivorship-focussed educational resources for	<ul style="list-style-type: none"> Create and maintain a listing of relevant resources 	End 2020	<p>Group page updated and promotion through regular eNews</p> <p>In addition, the group has collaborated on several webinars with the Australian Cancer Survivorship Centre (ACSC), Cancer Nurses Society of Australia (CNSA) and Cancer Council Victoria:</p>

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health professionals			<p>- the important role allied health plays in the care of cancer patients post treatment (August 2020)</p> <p>- allied health providing cancer survivorship care (May 2021)</p> <p>- nurses integrating optimal survivorship care: it's everyone's business (October 2021)</p> <p>Further collaborative webinars will be delivered in in 2022</p> <p>An additional webinar is being led by the Financial Toxicity working group in collaboration with CNSA in December 2021, and this will focus on 'challenging a misconception – nothing can be done to address financial toxicity'.</p>
Promote survivorship-focussed theme/issues at COSA ASMs	<ul style="list-style-type: none"> · Plan and submit symposia proposal to COSA ASM · Nominate COSA ASM program committee representative · Encourage members to submit abstracts to COSA ASM 	<p>1 symposium proposal per year</p> <p>Per eNews</p>	<p>A masterclass was planned prior to the 2020 COSA ASM. As this had to be deferred the Group considered whether to deliver a virtual masterclass in late 2021, but agreed a face-to-face session was preferred.</p> <p>Bogda Koczwara was 2019 COSA ASM Convenor; Ray Chan represented Survivorship on the 2020 COSA ASM committee; and Mahesh Iddawela was nominated as the local representative for the 2021 COSA ASM. Group members contributed to excellent COSA ASM programs, ensuring that survivorship issues were well represented.</p> <p>Members are encouraged via both the eNews and social media to submit abstracts to the COSA ASM.</p> <p>Group members also actively contributed to the planning for the Flinders-COSA Cancer Survivorship conference which was held in March 2021.</p>

SURVIVORSHIP GROUP OBJECTIVE 3: Foster research in cancer survivorship			
COSA Goal 3 - Promote and facilitate cancer research			
Strategy	Actions	KPIs/Timeframe	Achievements
RESEARCH			
Build capacity in research survivorship to identify research priorities and gaps	<ul style="list-style-type: none"> · Undertake Delphi exercise and engage with CCTGs to identify relevant priorities · Promote survivorship inclusion on agenda of CCTGs meetings (research design and methodology relevant to survivorship) · Engage with trial groups to support forums that bring people together to share existing research and develop new research ideas, demonstrate career paths to junior researchers 	By end of 2020	<p>We initiated COSA's inaugural Survivorship Research Fellowships in 2020 and appointed three Fellows to help us achieve our aim to build capacity in survivorship research. The program was highly successful, and the Fellows completed three distinct programs of work. At end 2021, the Executive is now exploring options to expand and extend the Fellowship program.</p> <p>There was less engagement with Cancer Cooperative Trials Groups (CCTGs) than anticipated. We had queried undertaking the research priorities work potentially with key CCTGs but ended up doing this through COSA with the creation of the Survivorship Research Fellowships. Dr Crawford-Williams' project focus was to establish research and infrastructure priorities for cancer survivorship in Australia. This work complemented Dr Julia Morris' fellowship project which conducted an audit of current cancer survivorship research activities within Australia to identify research gaps and challenges. We will engage with CCTGs by sharing findings from Dr Crawford-Williams' research priorities work, and intend connecting with CCTGs in the next group planning period if identified as a priority.</p>

SURVIVORSHIP GROUP OBJECTIVE 4: Promote and advocate for improved survivorship services and access to care for all Australians living with and beyond cancer			
OBJECTIVE 5: Engage stakeholders in the area of cancer survivorship care to ensure a coordinated, national approach to survivorship care in Australia and to facilitate policy development to inform such care			
COSA Goal 1 - Advocate for matters affecting cancer service delivery, policy and care			
Strategy	Actions	KPIs/Timeframe	Achievements
IMPROVING THE MODEL OF CARE			
Models of care implementation	<ul style="list-style-type: none"> Publish Model of Care aiming to achieve good reach and awareness Collate information on existing survivorship activities in Australia (i.e. models of care, services covered etc) to map existing activities and to start identifying barriers and enablers to care delivery Identify gaps in coverage of survivorship services engage with international groups in the activities related to development of 	<p>Submit 2 papers by end of 2019</p> <p>By end of 2021</p> <p>By end of 2021</p> <p>As opportunities arise</p>	<p>The Model was published in the December 2019 edition of the <i>Australian Journal of General Practice</i>, which summarises the critical components of cancer survivorship care Position statement. A decision was taken to not pursue a 2nd paper.</p> <p>Several members also published a paper in the Australian Journal of General Practice (AJGP) outlining The important role of general practice in the care of cancer survivors and also contributed to a special issue of AJGP which also included focus on survivorship.</p> <p>We established the COSA Survivorship Research Fellowship program to help collate information on existing survivorship research activities in Australia.</p> <p>The Group has been considering mapping current survivorship service provisions as a step towards progressing the COSA survivorship model. Several Executive members are members of a Steering Committee for a Victorian government funded project that is focussing on current levels of survivorship care and the readiness of sites to adopt survivorship services/interventions. Data was shared with the Exec Committee. The Victorian work may inform a broader extension of this project.</p> <p>The Group remains engaged with international survivorship initiatives and are mindful of how these may inform or be adapted to promote and complement the model of care agenda. Executive</p>

	<ul style="list-style-type: none"> relevant models of care · explore efforts that improve communication between care providers 	Ongoing	<p>members are linked to several organisations including ASCO, MASCC, IPOS and Global Partnership on Self-management in cancer</p> <p>We established a working group focused on supporting the role of primary care in cancer survivorship (Chaired by Michael Jefford). This initiative is consistent with the COSA Model of Survivorship Care and we have been working with representatives from peak GP groups to consider COSA and the Survivorship Group's role in this area. With the development of the Australian Cancer Plan (ACP) by Cancer Australia, this working group's focus was necessarily adjusted, and it has now morphed into two subgroups – Primary Care (to inform the ACP re primary care involvement across the cancer continuum); and Survivorship Policy (to inform survivorship considerations within the ACP).</p>
ADVOCACY			
PRO activity	<ul style="list-style-type: none"> · Establish implementation working group · Develop national consensus statement on PROs 	<p>By end of 2019</p> <p>By end of 2021</p>	<p>The PRO Working Group was established (Chaired by Bogda Koczwara). It has published its value proposition Patient-reported outcomes and personalised cancer care. The paper provides the foundation for an advocacy approach and outlines the principles of clinical use of PROs in cancer care: core data; communication framework; access; standards of care; and patient involvement. The working group is now linked with a collaborative project focused on mapping national PRO activity, which will help understand PRO activity across Australia and how to connect. The PRO working group is now considering next steps and future directions. The PRO working group also provide additional mentorship to Survivorship Research Fellow Dr Carolyn Mazariego, who conducted a Delphi Study regarding minimum standards to implement PROs in routine care. This work is currently in press.</p>
Survivorship advocacy	<ul style="list-style-type: none"> · Work in partnership with government and non-government agencies such as Cancer Australia and Cancer 	Ongoing	<p>The Group considered how models of care might be affected by the pandemic, and how we could advocate for improved survivorship care and services for all Australian survivors. We supported COSA's advocacy efforts to support retention of MBS telehealth reforms through and beyond the period of COVID-19.</p>

	<p>Councils to develop an advocacy platform to ensure survivors have access to the services that they need and would benefit from</p> <ul style="list-style-type: none"> Partner with external stakeholders and NFPs (such as McGrath, PCFA, Myeloma Australia, ANZCHOG) to capture their perspectives and potentially collaborate on projects of interest Advocate for a national cancer control plan with regards to survivorship 		<p>We have established a Policy Subgroup and a Primary Care Subgroup to inform the Australian Cancer Plan (ACP). We are engaging with Cancer Australia and Cancer Councils as required including through financial toxicity, primary care and PRO working groups</p> <p>The Group is linked through the Australian Cancer Survivorship Centre (ACSC), in leading advocacy work with NGOs</p> <p>We collaborated with Menzies School of Health Research to co-host an online Roundtable on Cancer Survivorship for Aboriginal and Torres Strait Islander people. We are now considering actions arising from this Roundtable and potential for further engagement on the Model of Care</p> <p>Following the success of a session on Financial Toxicity at the 2020 COSA ASM, we have formed a working group to address financial toxicity in Australia (Chaired by Ray Chan). This working group has agreed to initially focus on defining financial toxicity, mapping current activities, developing a consensus statement on agreed responsibilities in addressing financial toxicity, and considering service availability and usage. Working group members currently represent a broad range of expertise from around Australia, and targeted calls to increase expertise will be considered as the work evolves</p> <p>The Executive had decided not to pursue this action as this activity seemed beyond the scope of the Group's work. However the Group is now actively engaged with the development of the Australian Cancer Plan (ACP) led by Cancer Australia, and the Survivorship Policy working group will inform survivorship considerations in the ACP</p>
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