



Clinical
Oncology
Society of
Australia

CANCER-RELATED MALNUTRITION AND SARCOPENIA

DIAGNOSIS

TREATMENT

RECOVERY



1 in 3 people with cancer are malnourished or sarcopenic

Screen at diagnosis
and as the clinical
situation changes

Ensure multidisciplinary
team members can
recognise malnutrition
and sarcopenia to
facilitate timely referrals
and treatment

Refer those 'at risk'
for a comprehensive
assessment of
nutritional status,
muscle mass,
strength and
function

Provide access to the
core components of
treatment (nutrition,
exercise, physical &
psychological
symptom
management)



Evidence-based treatment is estimated to save \$800K per 100,000 population and improves quality of life and treatment completion.