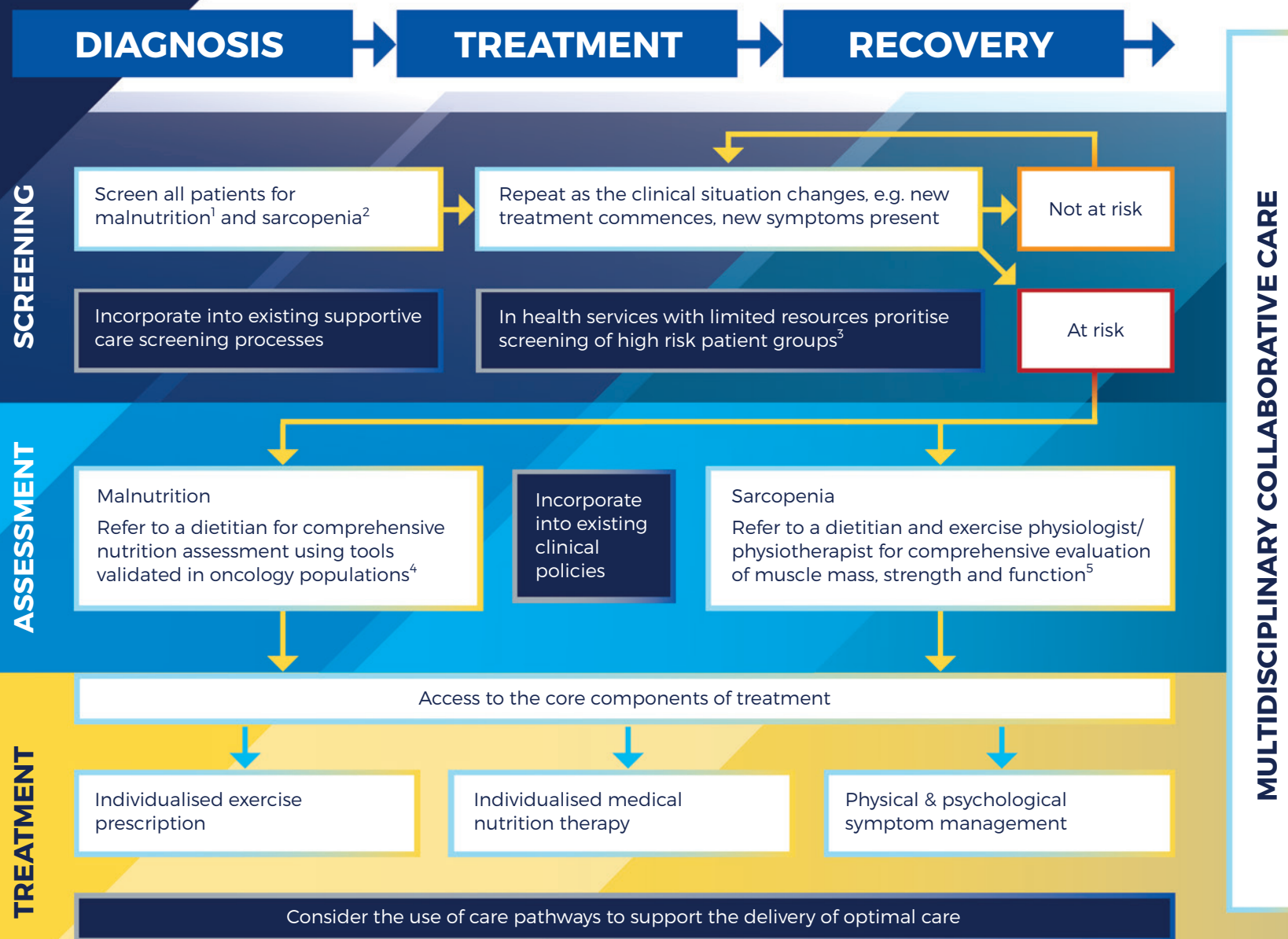




CANCER-RELATED MALNUTRITION AND SARCOPENIA



¹VALID MALNUTRITION SCREENING TOOLS

- Malnutrition Screening Tool (MST)
- Malnutrition Universal Screening Tool (MUST)
- Malnutrition Screening Tool for Cancer Patients (MSCT)
- Patient-Generated Subjective Global Assessment Short Form (PG-SGA-SF)

²VALID SARCOPENIA SCREENING TOOLS

- SARC-F
- SARC-F in combination with calf circumference

³HIGH RISK PATIENTS

- Head and neck, lung, upper or lower gastrointestinal cancer
- Radiation therapy to the oral cavity or gastrointestinal tract
- Chemotherapy, immunotherapy, or targeted therapies with risk of gastrointestinal toxicity
- Stem cell transplant
- Surgery to the oral cavity or gastrointestinal tract

⁴VALID NUTRITION ASSESSMENT TOOLS

- Patient-Generated Subjective Global Assessment (PG-SGA)
- Subjective Global Assessment (SGA)

⁵METHODS TO ASSESS MUSCLE STATUS

- Muscle mass: Computed Tomography (CT), Magnetic Resonance Imaging (MRI), Dual X-Ray Absorptiometry (DXA), raw bioimpedance analysis (BIA) or bioimpedance spectroscopy (BIS) data for appendicular or whole body muscle mass
- Muscle strength: handgrip strength, chair stand test
- Physical performance: Short Physical Performance Battery (SPPB), usual gait speed, timed up-and-go