

Minding the Gap

Consumer led programmes can fill a much needed Cancer Related Lymphoedema management space

Presented by the Lymphoedema Support Group of South Australia (LSGSA)

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Ruth Klee, General Committee member and Rural Representative

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Monique and Ruth



LSGSA 2016



Cancer Related Lymphoedema is a major concern for Cancer Survivors



Unfortunately, Cancer Related Lymphoedema is often under recognised and can be poorly managed

- **SA lags behind other Australian states in awareness, diagnosis and management**
- **This leads to worsening outcomes for patients and further financial stress on the public health system.**

LSGSA responds to this need with Advocacy, Public Education and Consumer Support

- **LSGSA Consumers led a collaboration with accredited Lymphoedema therapists, researchers and Breast Care Nurses to hold an Information day entitled “Everything you needed to know about Breast Cancer Related Lymphoedema but didn’t want to ask”**
- **Due to the success of this, LSGSA plans to be more inclusive by holding a “Cancer Related Lymphoedema Information Day” to further respond to this need- including Melanoma, Prostate and any other cancer survivors at risk**



Everything you needed to know about
Breast Cancer Related Lymphoedema
but didn't want to ask!

The Lymphoedema Support Group of South Australia warmly invites you to a public information and awareness afternoon focussed on **Breast Cancer Related Lymphoedema (BCRL)**

Saturday 27 February 2016 FROM 1:00PM – 3:00PM
at **The Unley Park Baptist Church** 1. Northgate Street Unley Park

Guest Speakers:

Karin Stepputtis – Accredited Lymphoedema Physiotherapist
Christies Beach Physio & Sports Injuries Clinic
(SA State Representative for the Australasian Lymphology Association)

Carolyn Rowe – Lymphoedema Therapist
The Lymph Place

Deb Hart - Oncology and Lymphatic Massage Therapist
Oncology Massage Training

Trish Harris and Judy Iasiello – Clinical Practice Consultant Breast Care Nurses
Women's Health Centre, Royal Adelaide Hospital

Raffle

Light Refreshments Provided

Please register your attendance by 20/02/16 as limited places available - payment to be made on the day
EMAIL: lsgsa.adelaide@gmail.com or Monique on 0457 745 928

LSGSA Members - FREE • Non LSGSA Members - \$5 (or please give what you can)



Excellence in lymphoedema management, research & education



Cancer Related Lymphoedema belongs to ALL of us

- GPs
- Surgeons
- Oncologists
- Radiotherapists
- All Cancer Nurses
- Allied Health Professionals
- Consumers and

It needs to be considered and addressed at all points of the patient's cancer journey

Cancer survivors require:

- Access to **comprehensive** and **timely** advice about living with the **lifelong risk** of developing Cancer Related Lymphoedema as a side effect of cancer treatment
- Access to **appropriate** treatment options and **financial assistance** to manage their Cancer Related Lymphoedema once diagnosed

Thank you for this opportunity!

We hope we have inspired you to consider
Cancer Related Lymphoedema and its impacts

We would love to talk with you more

Email us anytime at lsgsa.adelaide@gmail.com

