

# Model of Survivorship Care: Appendix 1

Cancer Survivorship: Living well with and beyond a cancer diagnosis

## PRINCIPLES OF CARE

- Survivor centred (enabling, engaging, empowering)
- Integrated care across all service levels at every time point
- Coordinated care
- Promote, prevent, manage
- Accessible and equitable

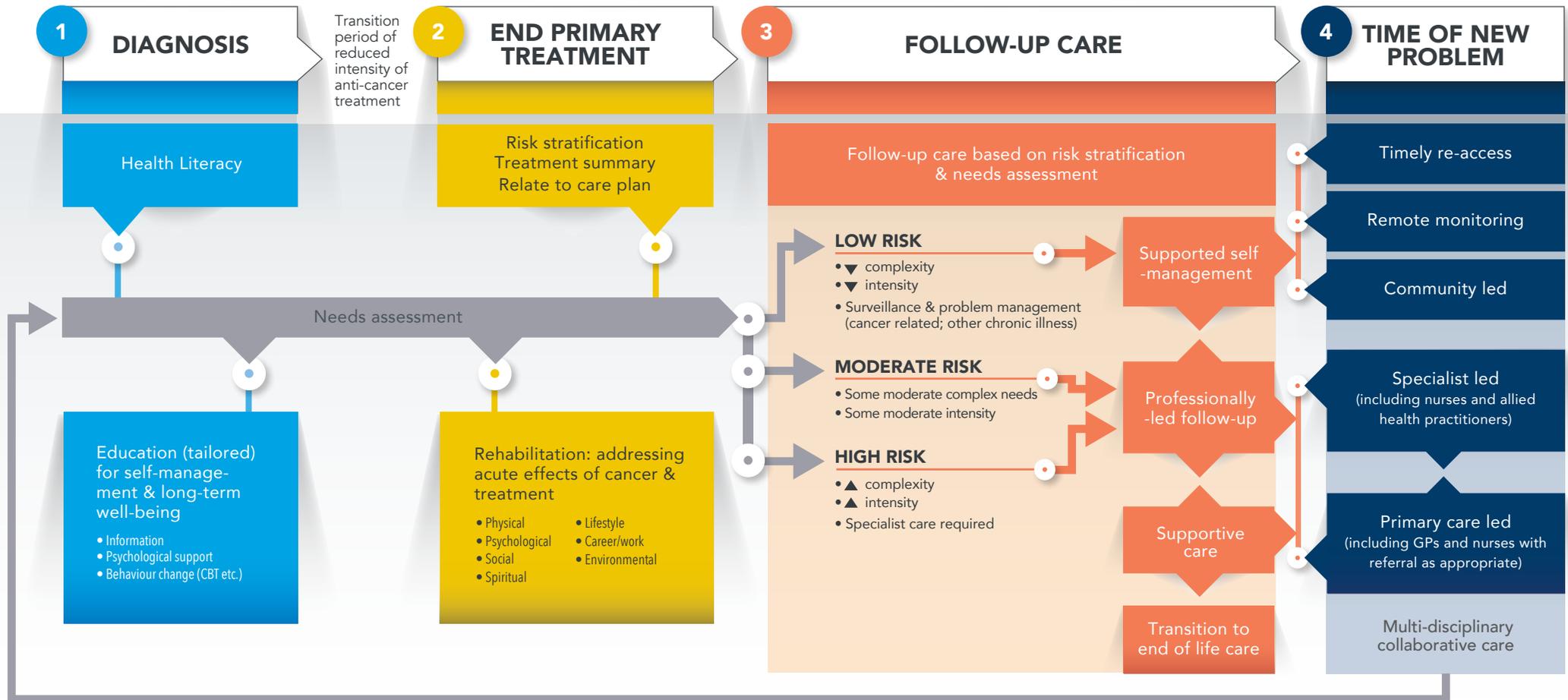


Figure 1. Model for wellness in cancer survivorship

### RISK STRATIFICATION

- Level of risk associated with cancer type
- Needs assessment
- Short & long term effects of treatment
- Comorbidities
- Patient ability & motivation to self-manage
- Level of professional involvement required

### CARE PLAN

- Aims to document main concerns of survivor & health professional & agreed actions for:
  - Surveillance
  - Management
  - Discussion
  - Patient action
  - Rehabilitation
  - Clinical team follow-up, sign posting on referral

### CARE COORDINATION

- Places survivor & their needs at centre of healthcare & wellness interactions
- Facilitates communication between all health professionals
- Gets survivors to the right services at the right time
- Ensures regular review of survivorship care plan and survivor needs
- Ensures appropriate follow-up for cancer recurrence and late effects of treatment

### TIME FACTORS

- Survivors engage with services they need when they need them
- Survivor priorities & needs are addressed from most to least urgent
- Survivor time in healthcare environments is minimised to that required to maintain health & well-being
- Survivors have rapid access to healthcare support when required for cancer & treatment related events
- Resource use is minimised to the level that is effective and meaningful

### TOOLS

- Needs assessment tools
- Care plan (electronic)
- Directory of services
- Referral pathways
- Motivational interviewing
- Telehealth tools
- Information & support services

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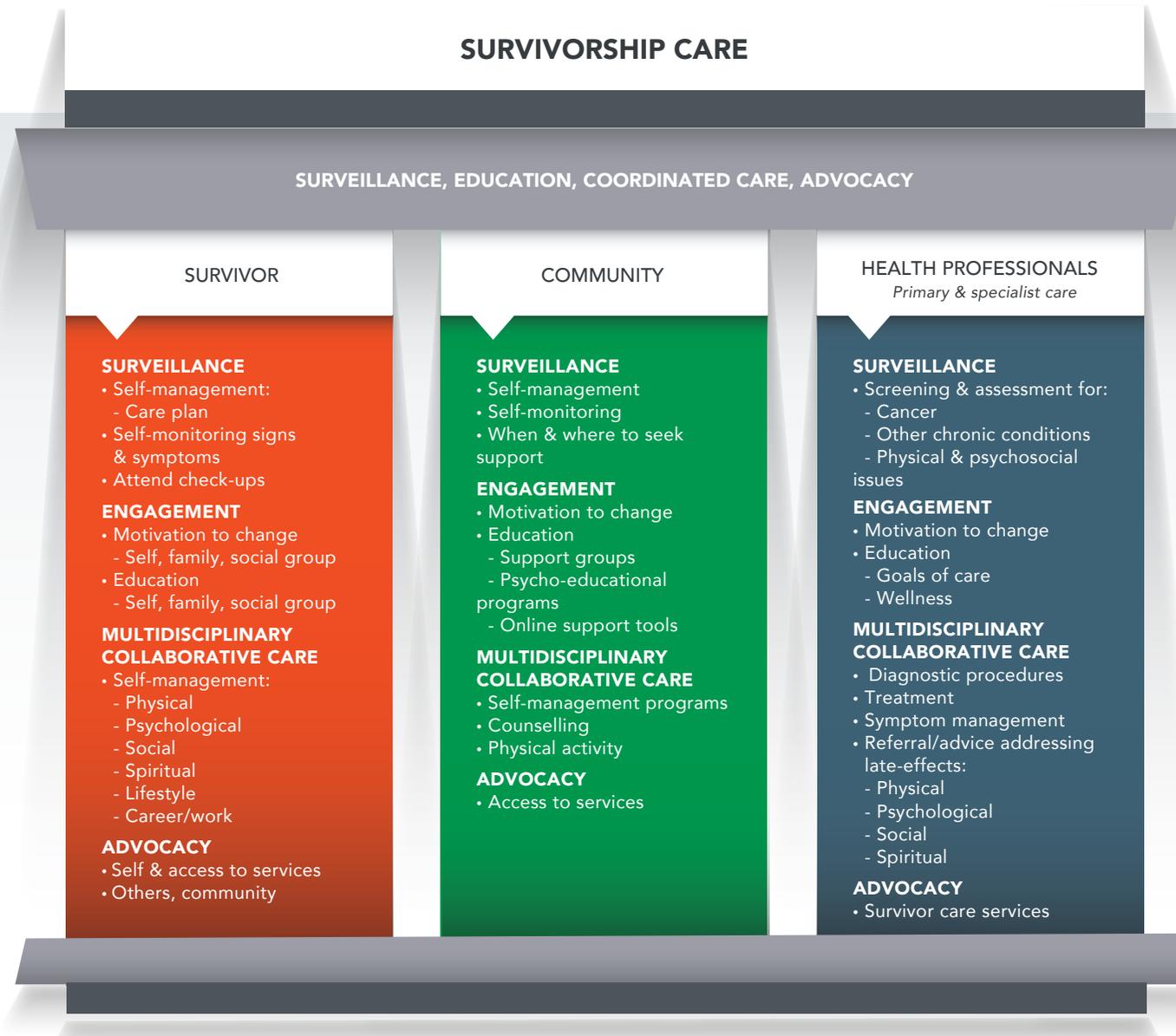


Figure 2. Three pillars of survivorship care