Model of Survivorship Care: Appendix 1
Cancer Survivorship: Living well with and beyond a cancer diagnosis

PRINCIPLES OF CARE
• Survivor centred (enabling, engaging, empowering)
• Integrated care across all service levels at every time point
• Coordinated care
• Promote, prevent, manage
• Accessible and equitable

Figure 1. Model for wellness in cancer survivorship

RISK STRATIFICATION
• Level of risk associated with cancer type
• Needs assessment
• Short & long term effects of treatment
• Comorbidities
• Patient ability & motivation to self-manage
• Level of professional involvement required

CARE PLAN
• Aims to document main concerns of survivor & health professional & agreed actions for:
  - Surveillance
  - Management
  - Discussion
  - Patient action
  - Rehabilitation
  - Clinical team follow-up, sign posting on referral

CARE COORDINATION
• Places survivor & their needs at centre of healthcare & wellness interactions
• Facilitates communication between all health professionals
• Gets survivors to the right services at the right time
• Ensures regular review of survivorship care plan and survivor needs
• Ensures appropriate follow-up for cancer recurrence and late effects of treatment

TIME FACTORS
• Survivors engage with services they need when they need them
• Survivor priorities & needs are addressed from most to least urgent
• Survivor time in healthcare environments is minimised to that required to maintain health & well-being
• Survivors have rapid access to healthcare support when required for cancer & treatment related events
• Resource use is minimised to the level that is effective and meaningful

TOOLS
• Needs assessment tools
• Care plan (electronic)
• Directory of services
• Referral pathways
• Motivational interviewing
• Telehealth tools
• Information & support services
Figure 2. Three pillars of survivorship care